

[Course aim]

To provide an essential overview of safeguarding within sport for those with supervisory, management or leadership responsibilities.

[Outcomes]

- Situate safeguarding within the core responsibilities of sports organisations
- Recognise and respond to areas of concern for the wellbeing of athletes
- Apply a comprehensive description of child and adult protection responsibilities of those with a governance role
- Formulate a route to establishing safeguards for children and adults within your organisation

[Course content]

The course consists of four modules, each of which contains:

- Video presentation
- Quiz
- Checklist
- Review and reflection
- References and resources

[Navigation]

To progress through the modules, you will need to access the modules in a linear fashion. Once you have visited a page the next page will become available.

A '**Mark Complete**' button is located on each page for you to select as you move through each module.

Once you have completed all the pages of a module you will return to the module home page where you will need to select **Mark Complete to go to the next module**.

[Time commitment]

The overall course length is 1.5-2 hours. Please be aware that the length of time undertaken by individual modules will vary and an indication of the expected time is given within each module.

[Accessibility]

The course content can be accessed using screen readers (e.g. JAWS) or Text to Speech readers (e.g. Orato). Transcripts have been provided for video and audio content.

[Reflection]

It is recommended that you keep reflective notes about what you are learning and how you intend to put those things into practice.

Throughout the presentations there will be opportunity to reflect on what you are learning, followed by reflection questions at the end of each module.